

# *Elk Grove Naturopathic Medicine*

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## HOMEOPATHIC INTAKE FORM

### INSTRUCTIONS:

Please answer the questions on the following pages as carefully, thoughtfully, and accurately as possible. Many of the questions may not seem directly related to your problem or main concern, however, each one may help determine which homeopathic remedy is best suited for you. **All the information in this form is kept confidential.**

This homeopathic intake form is designed to be user friendly. You can answer many of the questions by placing a circle around the appropriate number. An example is given below:

Question:      Which weather condition are you most troubled by?  
Answer:      Cloudy            1 2 3 4 5 6 7 8 9 10            Clear

Explanation:      Circling a number closer to "Cloudy" means that you are more troubled by cloudy weather.  
Circling a number closer to "Clear" means that you are more troubled by clear weather.

Some questions will ask you to rate how much you are troubled by a single particular symptom or how much of this quality characterizes you in general. An example is given below:

Question:      Do you worry about the following?  
Answer:      1 2 3 4 5 6 7 8 9 10      Health

Explanation:      Circling a number closer to "10" means that you worry about your health a lot. Circling closer to "1" means that you do not worry about your health.

Some questions will ask you to circle the answer you think best fits you. An example is given below:

Question:      What are your feelings toward disease?  
Answer:      Optimistic  
                  Doubtful of Recovery  
                  Fearful  
                  Despair of Recovery

Explanation:      Circling "Optimistic" means you are optimistic towards your disease. Circling "Despair of Recovery" means you do not feel recovery is possible.